

March K-8 Lunch Menu

2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu Subject to Change.</p> <p>Each meal served with choice of 1c 1% milk (12g) or 1c fat-free flavored milk (22g). Enjoy!</p>			<p>Chicken with Mozzarella 1</p> <p>4oz 100% juice (15) ¼ c Steamed broccoli (5) 1.5oz Roasted chicken, 0.5oz Mozzarella cheese with ¼ c spaghetti sauce over ½ c WG pasta 1oz WG breadstick (14)</p>	<p>Egg Cheese Muffin 2</p> <p>½ c Diced peaches (15) ¼ c Maple beans (39) 1.5oz Scrambled egg patty, 0.5oz American cheese on 2oz WG English muffin (24)</p>
<p>Chicken Nuggets 5</p> <p>4oz 100% juice (15) ¼ c Hickory beans (30) 5 each WG chicken nuggets (2oz MMA, 1oz G) (12) 1oz WG graham crackers (18) BBQ packet</p>	<p>Hamburger 6</p> <p>½ c Applesauce (15) ¼ c Green beans (5) 2oz Beef patty on 2oz WG bun (24) Ketchup packet</p>	<p>Chicken Royale 7</p> <p>½ c Fresh banana (15) ¼ c Steamed broccoli (5) 2oz Roasted chicken with curry sauce over ½ c Brown rice (22) 1oz WG breadstick (14)</p>	<p>Ham Dinner 8</p> <p>4oz 100% juice (15) ¼ c Kernel corn (6) 2oz Turkey ham with gravy over ½ c mashed potatoes 1oz WG dinner roll (14)</p>	<p>Cheese Pizza 9</p> <p>½ c Diced pears (15) ¼ c Fresh baby carrots (9) WG cheese pizza (2oz MMA, 2oz G) (37) Ranch packet</p>
<p>Chicken Patty 12</p> <p>4oz 100% juice (15) ¼ c Hickory beans (30) Chicken patty (2oz MMA) (15) on 2oz WG bun (24) Mayo packet</p>	<p>Ham Cheese Melt 13</p> <p>½ c Applesauce (15) ¼ c Diced carrots (9) 1.5oz Sliced turkey ham, 0.5oz American cheese on 2oz WG bread (26)</p>	<p>Teriyaki Chicken 14</p> <p>½ c Fresh banana (15) ¼ c Steamed broccoli (5) 2oz Roasted chicken with teriyaki sauce over ½ c brown rice (22) 1oz WG chocolate chip cookies (36)</p>	<p>Homemade Meatballs 15</p> <p>4oz 100% juice (15) ¼ c Green beans (5) ½ c WG pasta (20) with ¼ c Spaghetti sauce, 1oz Meatballs, 1oz Mozzarella cheese 1oz WG breadstick (14)</p>	<p>Cheese Omelet 16</p> <p>½ c Diced peaches (15) ¼ c Tater tots (20) Cheese omelet (2oz MMA) 1oz WG dinner roll (14) Ketchup packet</p>
<p>Taco Flat 19</p> <p>4oz 100% juice (15) ¼ c Pinto beans (35) 1.5oz Seasoned beef, 0.5oz cheddar cheese on 2oz WG flatbread (43) Taco sauce packet</p>	<p>Chicken Nuggets 20</p> <p>½ c Applesauce (15) ¼ c Green beans (5) 5 each WG chicken nuggets (2oz MMA, 1oz G) (12) 1oz WG graham crackers (18) BBQ packet</p>	<p>Hot Dog 21</p> <p>½ c Fresh banana (15) ¼ c Tater tots (20) 2oz Turkey hot dog on 2oz WG bun (23) Ketchup packet</p>	<p>Chicken Alfredo 22</p> <p>4oz 100% juice (15) ¼ c Steamed broccoli (5) 2oz Roasted chicken with alfredo sauce over ½ c WG pasta</p>	<p>Cheese Pizza 23</p> <p>½ c Diced pears (15) ¼ c Fresh baby carrots (9) WG cheese pizza (2oz MMA, 2oz G) (37) Ranch packet</p>
26	27	28	29	30
NO SERVICE	NO SERVICE	NO SERVICE	NO SERVICE	NO SERVICE