

# April K-12 Breakfast Menu

# 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
4oz 100% juice (15) ½ c Fresh apple (15) 1oz WG Golden Grahams cereal (24) 1oz WG animal crackers (21) Milk	4oz 100% juice (15) ½ c Fresh orange (15) 1oz WG goldfish grahams (19) 0.75oz Cheddar cheese Milk	4oz 100% juice (15) ½ c Fresh apple (15) 2oz WG pancakes (41) Syrup cup (29) Milk	4oz 100% juice (15) ½ c Applesauce (15) 1oz WG Trix cereal (24) 1oz WG goldfish grahams (19) Milk	4oz 100% juice (15) ¼ c Craisins (28) 1oz WG mini biscuit (13) 2 each Turkey sausage links (1.25oz MMA) Margarine cup Milk
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
4oz 100% juice (15) ½ c Fresh apple (15) 1oz WG Cinnamon Toast Crunch cereal (22) 1oz WG animal crackers (21) Milk	4oz 100% juice (15) ½ c Fresh orange (15) 1oz WG goldfish grahams (19) 0.75oz Cheddar cheese Milk	4oz 100% juice (15) ½ c Fresh apple (15) WG breakfast pizza (1.5oz G, 1oz MMA) (28) Milk	4oz 100% juice (15) ½ c Applesauce (15) 1oz WG Cocoa Puffs cereal (25) 1oz WG goldfish grahams (19) Milk	4oz 100% juice (15) ¼ c Craisins (28) 1.75oz WG French toast sticks (27) Syrup cup (29) Milk
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
4oz 100% juice (15) ½ c Fresh apple (15) 1oz WG Apple Cinnamon Cheerios cereal (22) 1oz WG animal crackers (21) Milk	4oz 100% juice (15) ½ c Fresh orange (15) 1oz WG goldfish grahams (19) 0.75oz Cheddar cheese Milk	4oz 100% juice (15) ½ c Fresh apple (15) 1oz WG mini biscuit (13) 2 each WG chicken nuggets (0.25oz G, 0.75oz MMA) (6) Syrup cup (29) Milk	4oz 100% juice (15) ½ c Applesauce (15) 2oz WG banana breakfast bar (48) Milk	4oz 100% juice (15) ¼ c Craisins (28) WG breakfast sliders (1.25oz G, 0.75oz MMA) (21) Milk
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
4oz 100% juice (15) ½ c Fresh apple (15) 1oz WG Golden Grahams cereal (24) 1oz WG animal crackers (21) Milk	4oz 100% juice (15) ½ c Fresh orange (15) 1oz WG goldfish grahams (19) 0.75oz Cheddar cheese Milk	4oz 100% juice (15) ½ c Fresh apple (15) 2oz WG pancakes (41) Syrup cup (29) Milk	4oz 100% juice (15) ½ c Applesauce (15) 1oz WG Trix cereal (24) 1oz WG goldfish grahams (19) Milk	4oz 100% juice (15) ¼ c Craisins (28) 1oz WG mini biscuit (13) 2 each Turkey sausage links (1.25oz MMA) Margarine cup Milk
<b>30</b>				
4oz 100% juice (15) ½ c Fresh apple (15) 1oz WG Cinnamon Toast Crunch cereal (22) 1oz WG animal crackers (21) Milk				<b>Menu Subject to Change.</b>  <b>Each meal served with choice of 1c 1% milk (12g) or 1c fat-free flavored milk (22g).</b>  <b>Enjoy!</b>

**innovation foods**

2071 Midway Drive, Twinsburg, OH 44087 | 440-580-4800

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