

OCTOBER 2021
K-8TH HOT BREAKFAST MENU

*Menu Subject to Change**

Innovation Foods

1550 Enterprise Parkway

Twinsburg, OH 44087 | 440-580-4800

www.ifsmeals.com

This institution is an equal opportunity provider.

*Served With 1%, 1% Chocolate Milk or Fat Free Milk**

1

4oz 100% Juice
½ C Fresh Banana (23 CHO)

Froot Loops Cereal (1 WG) (24 CHO)

4

4oz 100% Juice
½ C Raisin (21 CHO)

Apple Jacks Cereal Bowl
(1 oz WG) (14 CHO)

5

4oz 100% Juice
½ C Fresh Apple (21 CHO)

Mini Cinni French Toast Sticks
(2 oz WG) (43 CHO)

6

4oz 100% Juice
½ C Applesauce Cup (12 CHO)

Cheerio Cereal Bowl (1 oz WG) (14 CHO)
Elf Graham (1 oz WG) (17 CHO)

7

4oz 100% Juice
½ C Fresh Orange (23 CHO)

Honey Bun (2 oz WG) (34 CHO)

8

4oz 100% Juice
½ C Fresh Banana (23 CHO)

Frosted Flake (1 oz WG) (24 CHO)

11

4oz 100% Juice
½ C Raisin (21 CHO)

Cinnamon Toast Crunch RS
(1 oz WG) (22 CHO)

12

4oz 100% Juice
½ C Fresh Apple (21 CHO)

Confetti Infused Mini Pancakes
(2 oz WG) (37 CHO)

13

4oz 100% Juice
½ C Applesauce Cup (12 CHO)

Cocoa Puffs Cereal Bowl (1 oz WG) (25 CHO)
Elf Graham (1 oz WG) (17 CHO)

14

4oz 100% Juice
½ C Fresh Orange (23 CHO)

Apple Strudel (2 oz WG) (36 CHO)

15

4oz 100% Juice
½ C Fresh Banana (23 CHO)

Chex Cereal (1 oz WG) (24 CHO)

18

4oz 100% Juice
½ C Raisin (21 CHO)

Golden Grahams Cereal Bowl
(1 oz WG) (23 CHO)

19

4oz 100% Juice
½ C Fresh Apple (21 CHO)

Cheese Cinnamon Bagel Bites
(2 oz WG) (42 CHO)

20

4oz 100% Juice
½ C Applesauce Cup (12 CHO)

Trix Cereal Bowl (1 oz WG) (24 CHO)
Graham Cracker (1 oz WG) (8 CHO)

21

4oz 100% Juice
½ C Fresh Orange (23 CHO)

Mini Blueberry Bash Waffles
(2 oz WG) (37 CHO)

22

4oz 100% Juice
½ C Fresh Banana (23 CHO)

Froot Loops Cereal (1 WG) (24 CHO)

25

4oz 100% Juice
½ C Raisin (21 CHO)

Apple Jacks Cereal Bowl
(1 oz WG) (14 CHO)

26

4oz 100% Juice
½ C Fresh Apple (21 CHO)

Mini Cinni French Toast Sticks
(2 oz WG) (43 CHO)

27

4oz 100% Juice
½ C Applesauce Cup (12 CHO)

Cheerio Cereal Bowl (1 oz WG) (14 CHO)
Elf Graham (1 oz WG) (17 CHO)

28

4oz 100% Juice
½ C Fresh Orange (23 CHO)

Honey Bun (2 oz WG) (34 CHO)

29

4oz 100% Juice
½ C Fresh Banana (23 CHO)

Frosted Flake (1 oz WG) (24 CHO)