

**DECEMBER 2021
K-8TH GRADE LUNCH MENU**

<p style="text-align: center;">Menu Subject to Change* <i>Served With Milk*</i> Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider.</p>		1 Pancake	2 Bosco Sticks	3 Smoked Chicken & Black Beans
		<p>4 oz 100% Juice* ¾ C Tater Tots (19 CHO) 2.34 oz WG Pancake (21 CHO) ½ C Berry Yogurt Cup (14 CHO) (2 MMA) Syrup Cup (31 CHO) Ketchup Packet (2 CHO)</p>	<p>½ C Fresh Banana (23 CHO) ¾ C Mixed Vegetables (21 CHO) 3.98 oz Bosco Sticks (2E) (28 CHO) (2 E) (2 WG/2 MMA) Marinara Cup (4 CHO)</p>	<p>4 oz 100% Juice* ¾ C Corn (17 CHO) 1.5 oz Smoked Chicken leg (1 E) (2 CHO) (1 M) ½ C Brown Rice (24 CHO) (2 WG) ½ C Skillet Black Beans (24 CHO) (1 MMA)</p>
6 Chicken Patty	7 English Muffin	8 Mini Corn Dogs	9 Breakfast Pizza	10 Hamburger
<p>½ C Applesauce Cup (12 CHO) ¾ C Green Beans (14 CHO) 3.98 oz Chicken Patty (14 CHO) (2M / 1 WG) 2.4 oz Hamburger Bun (25 CHO) (2 WG) BBQ Packet (2 CHO)</p>	<p>½ C Fresh Orange (23 CHO) ¾ C Tater Tots (19 CHO) 1.5 oz Egg Patty (>1 CHO) (1.5MMA) 0.5 oz American Cheese (>1 CHO) (0.5 MMA) 2.25 oz English Muffin (25 CHO) (2 WG) Ketchup Packet (2 CHO)</p>	<p>4 oz 100% Juice* ¾ C Cinnamon Sugar Carrots (21 CHO) 3.67 oz Honey Crunch Mini Corn Dogs (6E) (42 CHO) (2 WG/ 2 M) Ketchup Packet (2 CHO)</p>	<p>½ C Fresh Banana (23 CHO) 1 C Hash Brown Round (24 CHO) 4.38 oz Turkey Sausage Breakfast Pizza (2E) (31 CH) (2 E) (2 WG/2 MMA) 0</p>	<p>4 oz 100% Juice* 1 C Cheesy Broccoli (12 CHO) 2.02 oz Beef Patty (13 CHO) (2M) Hamburger Bun (25 CHO) (2 WG) Ketchup Packet (2 CHO)</p>
13 Walking Taco (Hot*)	14 Chicken Nuggets	15 Waffles	16 Cheese Pizza	17 Chicken N' Biscuit
<p>½ C Applesauce Cup (12 CHO) ¾ C Black Bean Salad (34 CHO) 1.5 oz Taco Ground Beef (1 CHO) (1.5 MMA) 0.5 oz Colby Shredded Cheddar (1 CHO) (0.5 MMA) 2.15 oz RS Nacho Dorito Bag (21 CHO) (2 WG) Taco Packet (4 CHO)</p>	<p>½ C Fresh Orange (23 CHO) ¾ C Green Beans (14 CHO) 3.2 oz Breaded Chicken Nuggets (2 WG/2 M) (14 CHO) BBQ Packet (4 CHO)</p>	<p>4 oz 100% Juice* ¾ C Tater Tots (19 CHO) 2.34 oz WG Waffle (31 CHO) ½ C Berry Yogurt Cup (14 CHO) (2 MMA) Syrup Cup (31 CHO) Ketchup Packet (2 CHO)</p>	<p>½ C Fresh Banana (23 CHO) ½ C Wango Mango Juice (14 CHO) ½ C Baby Carrots (14 CHO) 4.02 oz Cheese Pizza (44 CHO) (2 MMA/2 WG)</p>	<p>4 oz 100% Juice* ¾ C Corn (17 CHO) 2.2 oz Southern Style Buttermilk Biscuit (28 CHO) (2 WG) 3.1 Sweet Italian Chicken Sausage Patty (3 CHO) (2 M) Honey Packet (21 CHO) Butter Cup (2 CHO)</p>
20 Bosco Sticks	21 Hamburger	22 Pancake	23 English Muffin	24 Smoked Chicken & Black Beans
<p>½ C Applesauce Cup (12 CHO) ¾ C Baked Beans (28 CHO) ¾ C Green Beans (6 CHO) 3.98 oz Bosco Sticks (2E) (28 CHO) (2 E) (2 WG/2 MMA) Marinara Cup (4 CHO)</p>	<p>½ C Fresh Orange (23 CHO) ¾ C Broccoli (9 CHO) 2.02 oz Beef Patty (13 CHO) (2M) Hamburger Bun (25 CHO) (2 WG) Ketchup Packet (2 CHO)</p>	<p>4 oz 100% Juice* ¾ C Tater Tots (19 CHO) 2.34 oz WG Pancake (21 CHO) ½ C Berry Yogurt Cup (14 CHO) (2 MMA) Syrup Cup (31 CHO) Ketchup Packet (2 CHO)</p>	<p>½ C Fresh Banana (23 CHO) ¾ C Tater Tots (19 CHO) 1.5 oz Egg Patty (>1 CHO) (1.5MMA) 0.5 oz American Cheese (>1 CHO) (0.5 MMA) 2.25 oz English Muffin (25 CHO) (2 WG) Ketchup Packet (2 CHO)</p>	<p>4 oz 100% Juice* ¾ C Corn (17 CHO) 1.5 oz Smoked Chicken leg (1 E) (2 CHO) (1 M) ½ C Spiced Skillet Black Bean Mash (24 CHO) (1 MMA)</p>
27 Chicken Patty	28 Bosco Sticks	29 Mini Corn Dogs	30 Breakfast Pizza	31 Hamburger
<p>½ C Applesauce Cup (12 CHO) ¾ C Green Beans (14 CHO) 3.98 oz Chicken Patty (14 CHO) (2M / 1 WG) 2.4 oz Hamburger Bun (25 CHO) (2 WG) BBQ Packet (2 CHO)</p>	<p>½ C Fresh Orange (23 CHO) ¾ C Tater Tots (19 CHO) 1.5 oz Egg Patty (>1 CHO) (1.5MMA) 0.5 oz American Cheese (>1 CHO) (0.5 MMA) 2.25 oz English Muffin (25 CHO) (2 WG) Ketchup Packet (2 CHO)</p>	<p>4 oz 100% Juice* ¾ C Cinnamon Sugar Carrots (21 CHO) 3.67 oz Honey Crunch Mini Corn Dogs (6E) (42 CHO) (2 WG/ 2 M) Ketchup Packet (2 CHO)</p>	<p>½ C Fresh Banana (23 CHO) 1 C Hash Brown Round (24 CHO) 4.38 oz Turkey Sausage Breakfast Pizza (2E) (31 CH) (2 E) (2 WG/2 MMA) 0</p>	<p>4 oz 100% Juice* 1 C Cheesy Broccoli (12 CHO) 2.02 oz Beef Patty (13 CHO) (2M) Hamburger Bun (25 CHO) (2 WG) Ketchup Packet (2 CHO)</p>